

The Kentucky Psychoanalytic Institute

PT 201 II

Concepts and Application of Countertransference in the Analytic Relationship

Instructors: Dr. Joel Gavrielle-Gold, Ph.D.

Dr. Susan A. Eichenberger, Ed.D.

Meeting Time: Tuesdays 11:00 – 12:30 pm

Classes begin on Tuesday, Jan. 19, 2010

**Objectives:** To achieve the development of the clinician's self-reflective capacities and utilize this knowledge in their clinical practice. These goals will be met through a combination of didactic teaching, supervision of case presentations, and group participation in ongoing discussions.

**Course Requirements:** Students will be expected to prepare individual case presentations for supervision and exploration of their own countertransferential reactions. Weekly logs are to be submitted reviewing reactions to readings, responses to class discussions, and any relevant associations to the material. This course is intended both for the psychoanalytically-oriented psychotherapist as well as for analysts-in-training.

**Basic Text:** Jones, Enrico. (2000). *Therapeutic Action: A Guide to Psychoanalytic Therapy*. New Jersey: Book-mart Press, Inc.

**Classical Approach:** Racker, Heinrich (1968). *Transference and Countertransference*. Connecticut: International Universities Press.

Week 1: Chapter One: Modes of Therapeutic Action

Week 2: Chapter Two: Intervention as Assessment

Week 3: Chapter Three: Creating Opportunities for Self-Reflection

Week 4: Chapter Four: Bringing Defenses and Unconscious Mental Content into Awareness

Week 5: Chapter Five: Interaction Structures in the Transference-Countertransference

Week 6: Chapter Six: Supportive Approaches: The Uses and Limitations of Being Helpful

Week 7: Chapter Seven: Studying Psychoanalytic Therapy

Week 8: Chapter Eight: Case Studies

Week 9: Racker: Chapter 5: The Countertransference Neurosis

Week 10: Racker: Chapter 6: The Meanings and Uses of Countertransference