



**THE
KENTUCKY
PSYCHOANALYTIC
INSTITUTE**

Established 1994

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**OFFICERS OF
THE KENTUCKY PSYCHOANALYTIC INSTITUTE**

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Michele Rose, Dean of Training
Susan A. Eichenberger, Director of Marriage and Family Studies

Admissions Committee

Michele Rose & B. Thomas Thacker

Training Committee

George Frank
Jan Middeldorf

Michele Rose, Chair
B. Thomas Thacker

KPI Counseling Center

Michele Rose, Director Judith A. Payne, Administrative Director

KPI FACULTY

Resident Core Faculty

Michele Rose, L.C.S.W., A.D.T.R. (Freudian, Institute for Expressive Analysis) Practicing Psychoanalyst and Dance Therapist; Clinical professor, Vanderbilt School of Medicine, 1995 - 2007; Faculty, Nashville Advanced Psychoanalytic Psychotherapy Program (affiliate of the St. Louis Psychoanalytic Institute); Dean of Training, Supervising Analyst, KPI; Supervising Analyst, Institute for Expressive Analysis; member, National Association for the Advancement of Psychoanalysis.

Susan A. Eichenberger, Ed.D., L.C.S.W., L.M.F.T. (Object Relations, The Kentucky Psychoanalytic Institute) Practicing Psychoanalyst; Approved Supervisor AAMFT; member, National Association for the Advancement of Psychoanalysis.

B. Thomas Thacker, Ph.D. (Modern, Psychoanalytic Center of Northern New Jersey [now ACAP]) Practicing Psychoanalyst and Clinical Psychologist; Co-Founder, The Kentucky Psychoanalytic Institute; member, International Federation for Psychoanalytic Education, National Association for the Advancement of Psychoanalysis and Society of Modern Psychoanalysts.

Distance Core Faculty

Ryan Allison, M.A. (Modern, New England Institute for Psychoanalytic Studies) Practicing Psychoanalyst; Secretary Division (39) of the American Psychological Association, the Kansas City Association for Psychoanalytic Psychology; credentialed member of the Kansas City Association of Professional Educators; *Psychology Today* verified and credentialed Psychoanalyst; Board Member Greater Kansas City Psychoanalytic Foundation; Board Member New England Academy of Psychoanalytic Studies, Clinical and Applied.

David Dalrymple, Ph. D., D. Min. (Jungian, C. G. Jung Institute Chicago) Practicing Psychoanalyst; senior training analyst and faculty, C.G. Jung Institute in Chicago; faculty, KPI; Executive Director, American Board for Accreditation in Psychoanalysis, Inc.; member, National Association for the Advancement of Psychoanalysis.

George Frank, Ph.D. (Ego Psychoanalytic, The National Psychological Association for Psychoanalysis Training Institute) Practicing Psychoanalyst; Fellow, American Psychological Association; Member, International Psychoanalytic Association and American Psychoanalytic Association.

Joel R. Gavriale-Gold, Ph.D. (Object Relations, The National Psychological Association for Psychoanalysis Training Institute) Practicing Psychoanalyst; Training and Supervising Analyst; member, National Association for the Advancement of Psychoanalysis.

Helen Goldberg, M.S.W. (Relational, The National Psychological Association for Psychoanalysis Training Institute) Practicing Psychoanalyst; Training and Supervising Analyst; member, National Association for the Advancement of Psychoanalysis.

Jan Middeldorf, M.A. (Modern, Center for Modern Psychoanalytic Studies) Practicing Psychoanalyst; Training and Supervising Analyst; member, National Association for the Advancement of Psychoanalysis.

Rochelle I. Shatzman, Ph.D. (Modern, Philadelphia School of Psychoanalysis) Practicing Psychoanalyst and Clinical Psychologist; faculty, Colorado Center for Modern Psychoanalytic Studies; faculty and supervisor, KPI; member, National Association for the Advancement of Psychoanalysis.

Resident Non-Analytic Faculty

Kathleen M. Kirby, Ed.D. Practicing licensed Counseling Psychologist; Associate Professor and Clinical Training Director, Counseling Psychology Doctoral Program at the University of Louisville; Clinical Supervisor, Learning Improvement Center, College of Education & Human Development.

Dennis E. Wagner, Ed.D. Practicing Psychologist; Primary areas of practice: forensic psychology and assessment and treatment of deaf and hearing impaired individuals; member, Kentucky Psychological Association.

Visiting Faculty

Phyllis Cohen, Ph.D. (Modern, Center for Modern Psychoanalytic Studies) Practicing Psychoanalyst; Training and Supervising Analyst; member, National Association for the Advancement of Psychoanalysis.

Sheila Zaretsky, Ph.D. (Modern, Center for Modern Psychoanalytic Studies) Practicing Psychoanalyst; trustee and faculty of New Jersey Center of Modern Psychoanalysis; Faculty of Center for Modern Psychoanalytic Studies; founder, director and faculty, Academy of Clinical and Applied Psychoanalysis; member, National Association for the Advancement of Psychoanalysis.

MISSION STATEMENT

The mission of The Kentucky Psychoanalytic Institute is two-fold: to educate mental health professionals and the general public in psychoanalytic therapeutic approaches and to provide affordable and ongoing clinical treatment to those in need.

HISTORY AND PURPOSE

The Kentucky Psychoanalytic Institute, Inc., was founded in 1994 to meet a vital community need in the Louisville area for consultation and education through psychoanalytic work. While most major U.S. cities had psychoanalytic training centers at that time, such educational and training opportunity was not available in the state of Kentucky. KPI developed training programs to teach methods of investigating mental phenomena, a theory of human development and a strategy for treating mental/emotional disorders.

KPI offers three basic training programs for clinicians: the Psychoanalytic Training Program, which culminates in certification in psychoanalysis; the Psychodynamic Psychotherapy Program, a two-year certificate of completion in psychodynamic psychotherapy; and the Marriage and Family Studies Program, which integrates Marriage and Family Therapy and Psychoanalysis.

For both mental-health field colleagues and the general public, KPI also periodically offers workshops and conferences.

The KPI Counseling Center fulfills the therapeutic mission of the institute through its low-cost, comprehensive mental health services for children, adolescents and adults, including both treatment and diagnostic evaluations. In an age of managed care when patients are often denied appropriate, effective treatment and confidentiality, the KPI Counseling Center offers a hopeful alternative to the people of Louisville and Southern Indiana.

ACCREDITATION AND AFFILIATIONS

KPI is accredited by the American Board for Accreditation in Psychoanalysis, Inc., and is recognized by the Society of Modern Psychoanalysts and The National Association for the Advancement of Psychoanalysis.

KPI is also affiliated with the Academy of Clinical and Applied Psychoanalysis and is a member of the International Federation for Psychoanalytic Education.

THE KPI COUNSELING CENTER

The KPI Counseling Center fulfills a dual purpose. It serves to meet community needs for low cost, comprehensive mental health services for children, adolescents and adults. In addition, it supports the educational needs of qualified advanced candidates of KPI.

All therapists are licensed or certified mental health professionals who are working toward an additional certification in psychoanalysis. Because psychoanalysis focuses on problems in the context of the whole person, its goal is not only to ameliorate specific symptoms, but to enable each person to act more effectively on her or his own behalf. The therapists treat the full range of life problems and emotional distress in a cooperative partnership geared to empower patients to improve their lives and the lives of their family members.

The KPI Counseling Center has developed a procedure that meets the guidelines set forth by the Health Insurance Portability and Accountability Act.

TRAINING PROGRAMS: AN OVERVIEW

KPI offers three training programs: the Psychoanalytic Training Program, the Psychodynamic Psychotherapy Program and the Marriage and Family Studies Program. Participants in the Psychoanalytic Training Program are termed “candidates” while those in the Psychodynamic Psychotherapy Program and the Marriage and Family Studies Program are designated “students.”

The Psychoanalytic Training Program provides thorough training in the theories and techniques of both traditional and contemporary psychoanalysis. KPI Candidates become certified psychoanalysts recognized by the National Association for the Advancement of Psychoanalysis.

The Psychodynamic Psychotherapy Program offers colleagues in the various mental health fields the opportunity to interact in a collegial atmosphere in courses and supervision. This two-year program leads to a certificate of completion in psychodynamic psychotherapy.

The Marriage and Family Studies Program integrates MFT practice and theory with psychoanalytic principles. Completion of four courses within the curriculum of this program is required for the certificate of completion.

GENERAL INFORMATION FOR ALL CANDIDATES AND STUDENTS

Statement of Non-Discrimination

KPI does not discriminate against any person on the basis of age, ethnic background, nationality, race, religion, disability, sex, or sexual orientation either in its admission policy or in any other aspect of its program.

Attendance

The participant is expected to attend every class. Credit for a course, however, may still be granted with two absences for each course. More than two absences may be allowed only if approved by the instructor; otherwise, no credit will be given for the course.

Logs

Logs provide an opportunity to process class experiences and readings. The participant is expected to turn in a log regarding his or her affective and cognitive reflections on each class meeting at the following class session. A log is also written for Independent Study Sessions and for any class missed by the candidate. These logs encourage the expression of thoughts and feelings and their integration with the reading and discussions. The log is treated as privileged communication.

Independent Study Sessions (ISS)

In each course, there may be no more than two ISSs, and those ISSs are scheduled at the discretion of the instructor. There are no class meetings at that time. Each participant is expected, however, to study material that is relevant to that particular class. A *minimum* of 1 1/2 hours is to be devoted to each ISS session.

Grades

KPI uses the grading system of “Pass,” “Incomplete” or “No Credit.” Participants graded “Incomplete” are expected to complete the required work within 30 days of the last class or receive a grade of “No Credit.” An extension may be granted under extraordinary circumstances. The participant who wishes this consideration must address a written request to the chair of the Training Committee. The Training Committee reserves the right to rule on whether the circumstances may be deemed extraordinary.

Due Process

KPI safeguards the rights of candidates and students. If there is a report of a candidate's violation of Institute policies or procedures, the Training Committee informs the participant in a written statement of the reported infraction(s). A formal response, to be incorporated into the record, may be made by the individual within 5 days of receipt of the Training Committee's statement. Thereafter the Training Committee will reach a decision. If this decision is unsatisfactory to the candidate, the grievance procedures should be initiated.

KPI reserves the right to terminate the training of any candidate whom KPI deems not to have shown him/herself capable of reaching a standard of accomplishment that will allow him/her to practice in the best interest of the public, the patients, KPI, its candidates and the profession for which KPI provides training.

Once that decision has been made by KPI, the candidate has the right to appeal according to the KPI grievance procedures as stated below.

Grievance Procedures

Candidates, students, faculty, and patients may bring a grievance against any member of KPI by directing a written statement to the attention of the Training Committee chair, who then implements the following procedure:

1. The Training Committee chair notifies the person against whom the complaint is registered, the other members of the Training Committee and the Executive Director.
2. An impartial advocate is assigned to assist in the deliberation process.
3. If a grievance cannot be resolved through negotiations with the Training Committee, it moves to the Board of Directors for final determination. The petitioner has the right to present his or her concerns to the Board of Directors prior to the Board's arriving at the final determination. The Board renders its decision in writing, via mail, to the petitioner within 30 days.

Tuition and Fees

<u>Registration Fee (per term):</u>	\$30.00
<u>Late Registration*:</u>	\$25.00
<u>Course Tuition (each):</u>	\$255.00
<u>CEU certificate (each course):</u>	\$25.00
<u>Official Transcript of Student Record:</u>	\$10.00
<u>Graduation: Psychoanalytic Program</u>	\$200.00
<u>Graduation: Psychodynamic Psychotherapy Program</u>	\$100
<u>Training Analysis/Supervision /Control Analysis:</u>	To be arr. with analyst/supervisor
<u>Admission Application and Interview (Psychoanalytic Training Program only):</u>	\$50.00

***Late Registration:** Payment of registration and course fees or a formal arrangement with KPI for a payment plan required before the first class.

Tuition Payment Plan

Students may be helped to meet expenses with a tuition payment plan whereby tuition is paid in installments over the duration of the semester. For approval, the student submits a requested payment plan along with the registration form to the Administrative Director.

Refund Policy

Before first class meeting:	100% tuition refund
After first class meeting:	50% tuition refund
After second class meeting:	25% tuition refund
After third class meeting:	No refund

PSYCHOANALYTIC TRAINING PROGRAM

KPI offers a comprehensive psychoanalytic training program to prepare candidates for the practice of psychoanalysis as a science, art, and profession. KPI instructs the candidates in psychoanalytic theories, therapeutic interventions and scientific research methods.

Criteria for Applicants

KPI accepts application without regard to age, ethnic background, nationality, race, religion, disability, sex, or sexual orientation. Any mental health professional, with a minimum of a master’s degree from an accredited college or university, who can legally practice in Kentucky and whose training has been in psychology, psychiatry, social work, divinity, counseling, family and marital therapy or expressive therapy, may apply to KPI. Prior to certification, each candidate must complete the graduate degree prerequisite to practice as an independent mental health professional in the Commonwealth of Kentucky. The Training Committee must approve exceptions to this requirement.

KPI maintains the right to deny admission to individuals who fail to show evidence of having the potential to complete the program. KPI also maintains the right to dismiss any candidate who fails to meet the standards of psychoanalytic training or personal development.

Admission and dismissal rest with KPI, which cannot be held liable for such actions.

Admission Procedures

Individuals who wish to become candidates in KPI must complete the application and interview process. Application forms are available from KPI. Upon receipt and review of the completed application, a member of the Admissions Committee notifies the applicant of interview dates, and subsequently of the decision made by the Committee. An individual applying for admission must have a master’s degree from an accredited college or university before he or she may be accepted as a candidate.

Psychoanalytic Training Program Tracks

The Psychoanalytic Training Program has two educational tracks:

1) Eclectic and 2) Modern.

1. The Eclectic track places strong emphasis on Freudian, Neo-Freudian, and Modern Psychoanalytic thought. A variety of psychoanalytic disciplines are studied.
2. The Modern track stresses Modern Psychoanalytic theory and intervention, which requires each candidate to have experience working with pre-Oedipal patients. Of the standard 300 supervised hours, 100

address pre-Oedipal cases under the supervision of a supervisory psychoanalyst certified by the Society of Modern Psychoanalysts.

A comparison follows:

<u>Eclectic Track</u>	<u>Modern Track</u>
<u>Personal/Training Analysis:</u> 450 hrs. <i>minimum</i>	<u>Personal/Training Analysis</u> Same
<u>Course Work:</u> 540 hrs. <i>minimum:</i> 26 core courses totaling a <i>minimum</i> of 390 hrs. 10 elective courses totaling a <i>minimum</i> of 150 hrs. Electives include courses, seminars and/or workshops, the total of which must equal a <i>minimum of 150 hrs.</i>	<u>Course Work:</u> Same Same Same
<u>Supervision:</u> A <i>minimum</i> of 150 hrs. of direct supervision, plus supervision of a <i>minimum</i> of 300 patient hours, all with a NAAP-certified supervising analyst a <i>minimum</i> of 100 hrs. supervision with one or two NAAP-registered supervising analysts	<u>Supervision:</u> Same a <i>minimum of 100 hrs.</i> supervision of pre-Oedipal cases with a NAAP-registered Modern supervising analyst
supervised clinical experience with a NAAP-registered supervising analyst of a <i>minimum</i> of 300 hrs. of contact with analysts	Same
a <i>minimum</i> of 50 hrs. control of a single case with a NAAP-certified supervising analyst	Same

Because Freud stressed the importance of the psychoanalysis of transferences and resistances, KPI's emphasis is on training analysts to recognize and understand these phenomena through a program of training analysis and control analysis. Further, KPI seeks to foster a full comprehension of countertransference and the art of psychoanalytic interventions because such knowledge is essential to an understanding of analytic treatment in any psychoanalytic discipline. To this end, KPI offers a comprehensive psychoanalytic training program consisting of personal analysis, course work, control analysis, case supervision, a written case study, and a formal case presentation.

Psychoanalytic Training Phases

KPI training consists of four phases: 1) Enrollment Phase, 2) Matriculation Phase, 3) Readiness for Control Phase, and 4) Final Case Presentation Phase. All candidates enter at the Enrollment Phase.

As with all aspects of training at KPI, the evolution process is subject to ongoing revision; changes in requirements may be made from time to time. All such changes will reflect the continuous process of evolution of training needs by both the Training Committee and the candidates.

Enrollment Phase

During the Enrollment Phase, the candidate begins personal/training analysis and course work.

Personal/Training Analysis

Personal analysis is an essential part of KPI's program. The *minimum* requirement is 450 hours of individual analysis completed successfully under the direction of a psychoanalyst registered by the National Association for the Advancement of Psychoanalysis (NAAP) and approved by the KPI Training Committee. After acceptance into the program, personal analysis begins within one month. This analysis must be conducted at a *minimum* of once weekly, with a desired frequency of two or more times per week. All candidates must remain in personal analysis while they are in training. The Training Committee, prior to changes being undertaken by the analysts and the analyst, must approve any departure from this policy.

Personal analysis helps candidates in two ways. Firstly, candidates gain insight into their own unconscious conflicts or personality characteristics that, if not addressed, would interfere with their functioning as analysts. Secondly, this insight enhances the analytic relationship with the patient by developing in the candidate an appreciation of the vicissitudes of the unconscious life of any of us.

Course Work

The courses offered by KPI provide candidates with a comprehensive understanding of the theory and practice of psychoanalysis. The course

work consists of a *minimum* of 540 hours of core courses and electives.

Core courses typically run for 90 minutes per class for 10 sessions. The 26 core courses total 390 hours.

Electives include courses, seminars and/or workshops equal to 150 class hours. Elective courses taken at KPI prior to admission to candidacy may be used to meet the requirements of KPI if the Training Committee gives its permission. Similarly, with permission of the Training Committee, non-core courses taken in other psychoanalytic institutes approved by the National Association for the Advancement of Psychoanalysis may be used to meet the requirements of KPI.

Matriculation Phase

During the Matriculation Phase, the candidate begins supervised clinical practice.

Requirements and Process of Admission to the Matriculation Phase

The Matriculation Phase commences with supervised practice when a candidate has completed a *minimum* of 200 hours of training/personal analysis and ten core courses, and when he or she has evidenced sufficient self-understanding to begin this phase. Upon the candidate's application to matriculation status, the Dean of Training designates a committee comprised of three NAAP-registered senior analysts who evaluate progress made in personal development and clinical understanding.

Supervision of the Candidate's Clinical Practice

Supervised clinical practice is a crucial part of the Matriculation Phase of KPI's Psychoanalytic Training Program. During this phase, one or two NAAP-registered senior analysts will supervise a *minimum* of 100 hours of the candidate's clinical practice.

Although group supervision is the preferred method of training at this stage, under unusual circumstances, individual supervision by a NAAP-registered training analyst may be acceptable upon approval by the Training Committee. Therefore, in unusual circumstances, a candidate may begin to fulfill the requirement of a *minimum* of 300 hours of clinical case supervision of his or her analysts during this phase.

Continuous Case Conference

Matriculation-level candidates are required to attend the Continuous Case Conference until graduation.

Readiness for Control Phase

During the Readiness for Control Phase, the candidate begins psychoanalytic practice of one case under the supervision of a NAAP-registered senior analyst. Such supervision will entail a *minimum* of 50 hours.

Requirements and Process of Admission to the Readiness for Control Phase

The candidate is eligible to apply for the Readiness for Control Phase when he or she has completed a *minimum* of 450 hours of a training analysis that has been evaluated on progress made in personal development, theoretical understanding, clinical work and readiness to begin psychoanalytic practice under control.

Candidates accepted for the Readiness for Control Phase are eligible to begin psychoanalytic practice of one case under the supervision of a NAAP-registered senior analyst. Such supervision will entail a *minimum* of 50 hours. The committee of three NAAP-registered analysts designated at the Matriculation Phase carries out this evaluation.

Candidates in the Readiness for Control Phase are required to attend the Continuous Case Conference until graduation.

Final Case Presentation Phase

During the Final Case Presentation Phase, the candidate completes and successfully defends the study of a single case.

Requirements and Process of Admission to the Final Case Presentation Phase

Final Case Presentation status is a prerequisite to completion of training. The candidate may apply for Final Case Presentation status after conducting treatment of a *minimum* of psychoanalytic cases under the supervision of two different NAAP-registered senior analysts, one of which supervisions must consist of a *minimum* of 100 hours and the other of a *minimum* of 50 control hours.

The Dean of Training designates the Final Case Committee, which conducts an evaluation of the candidate's entire record. This evaluation determines the candidate's readiness for the Final Case Presentation.

The Final Case Committee

The Final Case Committee is comprised of three NAAP-registered supervisory psychoanalysts, one of whom is chair and supervisor of the project. The candidate's analyst cannot be on the Final Case Committee.

Final Case Presentation

The candidate approved for Final Case Presentation status must successfully complete a written case study or present an oral defense of her or his control analysis under the direction of the Final Case Committee. The candidate is expected to demonstrate a mastery of theory and professional competence as a practicing psychoanalyst without interference from personal problems.

The Final Case Project

The case chosen for the project must be selected from among those patients being treated by the candidate during the Matriculation Phase of the program. The design is developed according to the Training Committee's standards.

The final case presentation gives the candidate an opportunity to demonstrate her or his grasp of psychoanalytic principles and theory, and to announce his/her formal entrance into the psychoanalytic community. Once the candidate has completed all the requirements of KPI, he or she is eligible for certification by KPI as a psychoanalyst.

The academic requirements may change as KPI deems necessary, but with due consideration to all candidates. KPI evaluates the training program continually to improve the standards of training in accordance with developments in scientific and educational research. Minimum requirements are not necessarily deemed sufficient in individual cases.

INFORMATION FOR CANDIDATES

Mentoring

Each candidate can request a mentor at KPI for guidance in understanding procedures and policies. New candidates will be assigned a mentor, who can be either a faculty member or a matriculation-level candidate, to clarify each new phase of training. The candidate's analyst cannot be her or his mentor.

Candidate Committee

Composed of all candidates, this committee helps each candidate achieve professional and personal goals at KPI. All members of the committee enjoy the opportunity to express their opinions, in a spirit of collegiality and camaraderie, on institute practices and decisions. Each year a candidate is selected to become a voting member of the Board of Directors.

Leave of Absence

Candidates who refrain from registering for a term may maintain their enrolled status by requesting a leave of absence and indicating the reason in a letter to the chair of the Training Committee. Following a two-semester leave, an interview with a member of the Training Committee is required for re-enrollment.

COURSE DESCRIPTIONS

Course numbers do not refer to the sequence of presentation. The Training Committee determines the sequence of courses offered.

Core Courses

KPI offers core courses each year. A *minimum* of 26 core courses (390 hours) is required.

90A Foundations of Psychoanalysis I

The basics of psychoanalysis and the essentials of Freudian Psychoanalysis as a foundation for the understanding of later psychoanalytic theories. Topics include early mental development, later phases of development, traumatic neuroses, and the methods of psychoanalysis.

90B Foundations of Psychoanalysis II

A continuation of 90A: motives and mechanisms of defense, clinical symptoms, clinical course, and therapy considerations.

100/Human Development: Maturation from Conception through the Oedipal Phase

A survey of emotional, cognitive and physical development of children from birth to age 6. Child observation as well as clinical case material and readings.

101/Human Development: Maturation from Latency to Adolescence

A survey of emotional, cognitive and physical development of children from ages 6 to 12. Readings include revised views on latency and on the importance of pre-adolescence.

102/Human Development: Adolescence

A survey of emotional, cognitive, and physical development of adolescents, with focus on early life experiences.

103/Human Development: Adulthood

Emphasis on early childhood experience and how it shapes the adult psyche. Consideration from a psychoanalytic standpoint of the development of intimacy and movement toward a life of living with, and for, others.

104/Human Development: Middle and Later Life

Focus on issues of middle and later life from the psychoanalytic perspective. Consideration of the changes occurring physiologically and emotionally because of the complexities of this particular stage.

200/Psychoanalytic Theory: Analysis of Resistances

Emphasis on the resistance to change, the treatment of such issues as the repetition compulsion, personal sabotage, and fear of change, as well as an examination of individual character traits that impede the analytic process.

201/Psychoanalytic Theory: Analyses of Transference/Countertransference

Emphasis on the dynamics of transference and its relationship to the therapeutic alliance, countertransference and induced countertransference reactions.

202/Psychoanalytic Theory: Modern Psychoanalytic Approach to Group Therapy

Using Modern Psychoanalytic theory and technique as it applies to group psychoanalysis, focus on understanding transference and on the resolution of resistance in group dynamics.

203/Psychoanalytic Theory: Dream Analysis

Dreams studied in the light of Freud's belief that "dreams are the royal road to the unconscious." Use of theory and clinical case material.

204/Psychoanalytic Theory: Modern Psychoanalytic Theory and Technique

Focus on Hyman Spotnitz's theories of treatment of pre-Oedipal patients, using Modern Psychoanalytic interventions.

300/History of Psychoanalysis: Writings of Sigmund Freud I (1885-1919)

Seminal thought of psychoanalytic theory as developed by Sigmund Freud. Focus on the interpersonal, social and scientific forces that shaped Freud's early thought regarding human development, infantile and sexual roots of neurosis, and Freud's discoveries of transference, resistance and treatment.

301/Writings of Sigmund Freud II (1920-1939)

Seminar examining the later development of Freud's psychoanalytic discoveries, his revision of instinct theory and structure model of the mind, as well as his views regarding psychoanalytic technique.

303/Object Relations Theory

Similarities and differences of the various psychoanalytic schools of thought regarding the development of relationships.

305/History of Psychoanalysis: Modern Psychoanalysis

Importance of early life experiences as they impact all human endeavor.

400/Clinical Studies: Psychopathology I, Pre-Oedipal

Conflicts inherent in pre-Oedipal development discussed from classical, ego-psychoanalytic and Modern Psychoanalytic perspectives.

401/Psychopathology II, Oedipal

Focus on the conflicts associated with the Oedipus complex, the differences between male and female Oedipal conditions and the neuroses that result from an incomplete passage through this phase of development.

402/Modern Psychoanalytic Intervention Strategies

Importance of drive theory, with emphasis on Modern Psychoanalytic strategies to express aggression constructively.

403/Continuous Case Seminars

Presentation of cases by candidates at the Matriculation Level. Candidates continue in this course until graduation.

404A and B/Student Analyst Case Presentation I and II

A two-semester course to prepare the candidate for the final graduation requirement: to present a single case before the faculty, demonstrating psychoanalytic theory and treatment.

405/Group Analytic Techniques

Focus on various schools of group analysis, including Modern, Freudian, Sullivanian and Interpersonal/Object Relations.

406/Sex and Psychoanalysis

Survey of the various schools of thought regarding the importance of sexuality in human development.

503/Ethics in Psychoanalytic Treatment

Based on the Code of Ethics of the National Association for the Advancement of Psychoanalysis: sexual boundaries, dual relationships, confidentiality issues, etc. Clinical case material used to demonstrate violations.

504/Final Case Presentation

Presentation of final case as stated on p. 12.

600/Independent Study/Core Course

Up to two core courses, approved by the Training Committee, may be taken as supervised independent study.

Elective Courses

KPI offers electives each year. A *minimum* total of 10 elective courses (150 hours) is required. Electives may be substituted by participation in KPI-approved workshops, seminars, conferences, or supervised independent study. Each hour in such approved learning experiences equals one class hour.

199/Human Development: Special Topics

Focus on key issues in all of life's stages, such as divorce and death, and other losses that occur at any stage of development.

299/Psychoanalytic Theory: Special Topics in Psychoanalysis

More intense presentation of different psychoanalytic schools. Opportunity for candidates to explore areas of their individual interest in the field of psychoanalytic theory.

399/Special Topics in the History of Psychoanalysis

Studies on early to contemporary psychoanalytic thinkers beyond Freud, such as Abraham, Adler, Jung, Hartman, Lacan and Kohut.

499/Special Topics in Clinical Studies

Individualization of the curriculum for candidates who want to review the literature or have direct experience with a variety of clinical techniques and approaches.

699/Independent Study/Elective Course

Up to three elective courses, approved by the Training Committee, may be taken as supervised independent study.

PSYCHODYNAMIC PSYCHOTHERAPY TWO-YEAR PROGRAM

Designed for mental health professionals, the Psychodynamic Psychotherapy Program provides opportunity to colleagues in the various mental health fields to interact in a collegial atmosphere by offering courses and supervision leading to a certificate of completion in general psychodynamic psychotherapy that can be completed in two years. A concentration in Jungian Analytical Psychology is available. For LMFTs, Social Workers and Psychologists, CEU credit is available for most courses.

Program Requirements:

First Year

- Psychoanalytic Psychotherapy Concepts:
- Schools of Psychoanalytic
- Human Development: Birth through Latency
- Small Group Supervision I

Second Year

- Human Development II: Adolescence through Adulthood
- Transference and Countertransference
- Psychodynamic Technique
- Small Group Supervision II

Additional Requirement:

- Clinical Case Paper

MARRIAGE AND FAMILY STUDIES PROGRAM

This program offers advanced training in an integration of Marriage and Family Therapy and Psychoanalytic Theories. The following courses may be offered during 2009-2010. Completion of any four of these courses will entitle the student to a Certificate of Completion from KPI. Kentucky Board approval for 15 CEUs in Marriage and Family Therapy, Social Work, Counseling and Psychology will be sought for each course. Additional courses will be developed in the future.

Winter 2009: A Modern Psychoanalytic Approach to Couples Therapy. (in progress)

Spring 2009: The Sexual Relationship: An Object Relations View of Sex and the Family.

Summer 2009: Psychoanalysis and Family Therapy.

Fall 2009: Transference and Countertransference in Couples Therapy.

Winter 2010: Repairing Intimacy: Issues of Trauma, Betrayal and Abandonment.

CODE OF ETHICS

The Kentucky Psychoanalytic Institute adheres to the following code of ethics of the National Association for the Advancement of Psychoanalysis:

Guidelines for Ethical Conduct and Standards for Professional Practice

The National Association for the Advancement of Psychoanalysis (the Association) has established a Standing Committee on Ethics and Professional Practices mandated (1) to resolve complaints of ethical violations alleged against members of the Association, and (2) to consult with members concerning ethical principles. At least one member of the Committee (voting or ex officio) shall be a Trustee of the Association.

Preamble

The ultimate criterion of ethical behavior resides within the conscience of individual members, yet this Association has an obligation, for its own sake, to define a minimum set of standards and behaviors to which it requires its members to adhere. These standards are elucidated below and are based upon the premise that the welfare of the patient, the protection of the analyst, and the safety of the community must be the primary determinants of the analyst's behavior. All members of the Association, then, are expected to be in compliance with the following Code and to ultimately accept the judgment of their peers when their compliance is disputed.

This Ethics Code applies only to members' work-related activities, that is, activities that are part of the member's professional functions that are psychoanalytic in nature. It includes the clinical practice of psychoanalysis, research, teaching, supervision of trainees, organizational, group, and family treatment. These work-related activities are distinguished from the purely private conduct of a member, which is not within the purview of this Code.

Whether or not a member has violated this Ethics Code does not by itself determine whether he or she is legally liable in a court action, whether a contract is enforceable, or whether other legal consequences occur. These results are based on legal rather than on ethical rules.

THIS CODE COVERS ONLY NAAP-REGISTERED CERTIFIED
PSYCHOANALYSTS AND PSYCHOANALYTIC
PSYCHOTHERAPISTS.

The Code of Ethics

**1. The Member-Analysand/Supervisee/Student
Relationship**

1.1 Members bear the responsibility for determining and clarifying the working agreement between themselves and their analysands. They will, therefore, inform the analysand of the length and frequency of sessions, the cost and method of payment, the nature and anticipated course of treatment, the conditions for cancellation of sessions, and where and when meetings shall take place as early in treatment as practical. Other contractual arrangements are discussed when they arise in treatment.

1.1.0.1 Analysands are entitled to know and, as early as appropriate, should be informed of the legal limits of confidentiality and under what conditions information revealed in the analysis may be divulged and to whom. When appropriate, analysands shall be informed that there are other forms of treatment.

1.1.1 Members have a primary obligation to respect the confidentiality of information revealed in the course of treatment by an analysand, except where otherwise required by law.

1.1.2 Members shall make provisions for maintaining confidentiality in the storage and disposal of records. An analyst may release information obtained in an analysis only with the written authorization of the analysand or parent or guardian, or under proper legal compulsion.

1.2 Members must neither misrepresent their own academic and/or professional training and/or experience, their professional affiliations, nor the limitations of psychoanalysis either to analysands or to the public.

1.3 Members shall not diagnose, prescribe for, treat, or advise on problems outside the boundaries of their own competence.

1.3.1. Except when consulting with colleagues, members must obtain consent from an analysand before presenting personal information obtained during the course of their professional activities and must disguise all identifying information. (See Sec. 2.4)

1.4 Members shall avoid dual relationships including the treatment of close friends and relatives of the analyst.

1.4.1 In compliance with state and federal laws describing research with human subjects, members must receive written consent from the analysand to serve in a dual role as both patient and subject of research.

1.4.2.1 Members shall avoid all forms of physical contact of a sexual nature including overt or covert seduction even if an analysand invites or consents to such involvement.

1.4.2.1.1 Members do not engage in sexual intimacies with former patients for at least two years after cessation or termination of professional services.

1.4.2.1.1.1 Members who engage in such activity after the two years following cessation or termination of treatment bear the burden of demonstrating that there has been no exploitation, in light of all relevant factors, including (1) the amount of time that has passed since therapy terminated, (2) the nature and duration of the treatment, (3) the circumstances of termination, (4) the patient's personal history, (5) the patient's current mental status, (6) the likelihood of adverse impact on the patient and others, and (7) any statements or actions made by the therapist during the course of treatment suggesting or inviting the possibility of a post-termination sexual romantic relationship with the patient.

1.4.2.2 Members shall not use their professional relationship to give or receive personal gain or services (outside the fee-for-service stipulated in 1.1.) to further [their business, political, or religious interests] ANY PERSONAL INTERESTS WHATSOEVER.

1.4.2.2.1 Members ordinarily refrain from accepting goods, services, or other non-monetary remuneration from patients in return for professional services because such arrangements create inherent potential for conflicts, exploitation, and distortion of the professional relationship. A member may participate in bartering only if (1) it is demonstrably not clinically contraindicated and (2) the relationship is demonstrably not exploitative.

1.5 Members shall not take any action that violates or diminishes the legal and civil rights of analysands, supervisees, students, or colleagues.

1.6 All members are obliged to cooperate with the Rules and Procedures of the association in the investigation of a complaint.

1.7 When expressing professional opinions, members shall not purport to speak on behalf of the Association or to represent its official position except as authorized by the Board.

1.8 Members shall terminate an analytic relationship when it is reasonably clear that the analysand is not benefiting from it.

1.8.1 Where appropriate, members shall offer to help the analysand locate alternative sources of assistance.

2. Relations with Colleagues

2.1 By agreeing to consult with a patient who is currently in treatment with a colleague, a member disqualifies him/herself from becoming that patient's analyst in the future unless both the patient and the patient's analyst favor the transition.

2.2 Members do not accept payment from other professionals for referrals.

2.3 Members shall assign credit to those who have contributed to or directly influenced their writing or research.

2.4 When consulting with colleagues, (1) members do not share confidential information that reasonably could lead to the identification of a patient with whom they have a confidential relationship unless they have obtained the prior consent of the person or organization, or the disclosure cannot be avoided, and (2) they share information only to the extent necessary to achieve the purposes of the consultation.

3. Implementation

3.1 Only individuals who are or were in treatment, supervision, or other professional relationships with a member and who allege direct injury to themselves (as opposed, for example, to injury to family members) by a member of the Association have standing before the Committee on Ethics. In the case where the patient is a minor or legally incapacitated or deceased, a family member can bring a complaint before the Committee on Ethics.

3.1.1 Only written, signed, complaints stating the facts and ethical principles violated have standing before the Committee. The committee, however, will consider other evidence at its discretion. Any complaint shall be brought before the Committee no later than 5 years after termination of analysis with the analyst.

a. Upon receipt of such a complaint by the Committee, the Complainant will be asked, by registered mail, to sign a release authorizing the Committee to forward the complaint to the Complainee.

3.2.0.1 If the Committee fails to receive a signed release from the Complainant within 30 days of the Complainant's having received the Committee's request for it, charges brought against the member will be dropped and any records relating to the complaint will be destroyed.

3.2.0.2 If the Committee receives a signed release from the Complainant within 30 days of the Complainant's having received the Committee's request for it, the Committee will immediately forward (1) a copy of the complaint along with the reference to ethical principles adopted by the Association which, on the face of the complaint, appear to have been violated by the Complainee, and (2) complaint procedures.

3.2.1 The Committee will then schedule a separate meeting with the Complainee, at which time the Complainee will have the opportunity to respond to the complaint. A JOINT HEARING MAY BE SET UP WITH THE COMPLAINEE, COMPLAINANT, AND THE ETHICS COMMITTEE.

3.3 The Complainant and Complainee are free at any time to communicate in writing or to request an additional meeting with the Committee.

3.4 The Committee, by majority vote, will make a particular finding appropriate to the individual case. The following are the possible categories of findings:

1. Dismissal of charges.
2. Dismissal of charges of unethical behavior with some findings of legitimate grievance.
3. Finding of unprofessional behavior that is not an ethical violation.
4. Finding of unethical behavior.

3.5 The Complainee and the Board of Trustees shall be notified in writing as to the Committee's findings and any proposed remedy.

3.6 If the Ethics Committee does not dismiss all charges against the Complainee, the Board of Trustees shall determine sanctions against the member after considering the facts and the recommendations of the Ethics Committee.

3.6.1 These sanctions may include but are not limited to:

1. Reprimand of the member.
2. Temporary suspension of the member's registration pending resolution of problems that led to the complaint. The Board may, for example, require the member to undertake additional supervision or analysis.*
3. Termination of a member's registration.
4. Publication of findings and sanctions imposed.
5. Notification of state regulatory boards.
6. Notification of employers.
7. Letters of censure.

3.7 Either the Complainant or Complainee may appeal the Ethics Committee's findings or the Board's disposition based upon those findings to the Board directly. The Board will then inform the Ethics Committee of its findings.

3.7.1 A notice of appeal shall be in writing and directed to the Board of Trustees and must be received within 30 days after the decision appealed from has been received by the Complainant/Complainee.

3.8 If a complaint is dismissed, all records referring to it shall be destroyed within 30 days.

3.9 Under no circumstances shall the Committee on Ethics, its members, the Board, the administrative staff, or anyone affiliated with the Association make Ethics charges, considerations, or determinations known to any agency or individuals outside NAAP, including State licensing boards and insurance agencies, except under proper legal compulsion and/or signed informed consent of the parties in question.

*The analyst and/or supervisor must be NAAP-Registered certified psychoanalysts, and must communicate to the Board information regarding the progress and cooperation of the complainant.

APPLICATION FOR ENROLLMENT INTERVIEW

To apply for an enrollment interview, please complete this application and mail to:

The Kentucky Psychoanalytic Institute
Registrar
1326 South Third Street
Louisville, Kentucky 40208

Enclose an application fee of \$50.00 (not refundable). Make the check payable to The Kentucky Psychoanalytic Institute.

DATE _____

NAME _____

ADDRESS _____

_____ ZIP _____

HOME TELEPHONE _____

OFFICE TELEPHONE _____

CELL PHONE _____

E-MAIL ADDRESS _____

FAX NUMBER _____

How did you learn of our training program? _____

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