

Jan Middeldorf, LPCC, NCPsyA

Jan Middeldorf trained at the Philadelphia School of Psychoanalysis (PSP) and the Institute for Modern Psychoanalysis in New York. He is an instructor, supervisor and training analyst at the Colorado Center for Modern Psychoanalytic Studies, at the Kentucky Psychoanalytic Institute and at PSP.

His approach is integrative, uniting Freudian, Kleinian, Lacanian, Adlerian, Modern and Self Psychological insights with the most recent discoveries of neuroscience. His goal is to understand the origins of human suffering and to find the best ways to alleviate it and replace it with growth and satisfaction.

He also provides in depth mentoring to clinicians who desire to learn how to build their practices and work effectively with a wide variety of people, and enjoys supporting them in this endeavor.