



## **The Kentucky Psychoanalytic Institute**

### **499: Psychoanalytic Perspectives on Diagnosis**

Instructor: **Kaveh Zamanian, PhD**

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Meeting Time: Tuesdays 11:00-12:30 pm

Classes begin on Tuesday, July 13, 2010

#### **Course Objectives**

This course will begin with a review and examination of the most recent literature on efficacy of psychodynamic treatment. We will then examine the fundamental concepts related to psychodynamic/psychoanalytic diagnosis. Specifically we will discuss proper assessment of psychodynamics and explore and examine major diagnostic categories. Throughout the course case examples will be considered in an effort to sharpen diagnostic sensibility and improve understanding of clinical context and process. Finally, clinical process will be examined with an emphasis on transference-countertransference dynamics related to various personality or character styles.

#### **Course Requirements and Expectations**

You are responsible for the weekly reading assignments expected to arrive to class having read the material and prepared to engage in class discussions. Be prepared to discuss and bring in case material to enrich the group discussion.

#### **Individual Study Session**

You are expected to complete an individual project. Each person is to select a clinical case and offer a psychodynamic diagnostic formulation of the individual.

#### **Week 1**

Bergeron, D. (2009). The psychoanalytic cure with the psychotic and the conditions of its effectivity. Paper presented at the Chicago Center for Psychoanalysis.

Blatt, S. J., & Zuroff, D. C. (2005). Empirical evaluation of the assumptions in identifying evidence based treatments in mental health. *Clinical Psychology Review*, 25, 459-486.

#### **Week 2**

Freud, S. (1916). Some character-types met with in psycho-analytic work. *Standard Edition*, 14, 311-333.

#### **Week 3**

Josephs, L. (1995). *Balancing empathy and interpretation: Relational character analysis*. Northvale, NJ: Jason Aronson.

#### **Week 4**

Leichsenrin, F. and Rabung, S. (2008). Effectiveness of long-term psychodynamic psychotherapy: A meta-analysis. *Journal of the American Medical Association*, 300:1551-1565

### **Week 5**

McWilliams, N. (2006). Some Thoughts About Schizoid Dynamics. *Psychoanalytic Review*, 93:1-24.

### **Week 6**

Shedler, J. (2002). A New Language for Psychoanalytic Diagnosis. *Journal of the American Psychoanalytic Association*, 50:429-456.

### **Week 7**

Shedler, J. (2010). The Efficacy of Psychodynamic Psychotherapy. *American Psychologist*,

### **Week 8**

Zamarian, K. (2010). Attachment as defense: Whatever happened to infantile sexuality. Paper presented at the Division 39 Spring conference of the American Psychological Association.

### **Weeks 9 & 10**

Independent Study Projects

### **Recommended Reading**

Clarkin, J. F., Kernberg, O. F., & Yeomans, F. E. (2008) *Psychotherapy for borderline personality: Focusing on object relations*. Washington, DC: American Psychiatric Press.

Cramer, P. (2006). *Protecting the self: Defense mechanisms in action*. New York: Guilford.

Howell, E. F. (2005). *The dissociative mind*. Hillsdale, NJ: The Analytic Press.

Kernberg, O. F. (1984). *Severe personality disorders*. New Haven: Yale University Press.

McWilliams, N. (1994). *Psychoanalytic diagnosis: Understanding personality structure in the clinical process*. New York: Guilford.

McWilliams, N. (1999). *Psychoanalytic case formulation*. New York: Guilford.

PDM Task Force (2006). *Psychodynamic Diagnostic Manual*. Silver Spring, MD: Alliance of Psychoanalytic Organizations, pp. 15-69.

Sadler, J. Z. (2005). *Values and psychiatric diagnosis*. London: Oxford University Press.

Shapiro, D. (1965). *Neurotic styles*. New York: Basic Books.

Wallin, D. J. (2007). *Attachment in psychotherapy*. New York: Guilford.